



5 9:00 Spanish 9:00 Woodcarving 9:00 Scrabble
10:00 Bakery 10:00 Cribbage
10:00 Mary on Piano 10:30 **Chair Yoga– New**
11:00 **Robert on Piano & Patricia on Accordion**
11:30 Lunch 12:00 Silver Divas
12:30 Open Cards 12:30 Bridge
1:00 Mex Train Dominoes
1:30 **Functional Fitness– New**
2:30 **Core Control– New**

6 8:30 Footcare by Appt 9:00 Spanish
10:00 Forget Me Nots 10:00 Mah Jong Bams
10:00 **Chair Yoga– New**
10:30 **Video Lecture– New** 11:30 Lunch
11:45 **BP** 12:30 Open Cards & Mah Jong Dots
1:00 **Cooking/Baking w/ Olive Oil** 1:00 Chess
1:00 Rummikub 1:00 Beg. Line Dance– Last Ses
1:00 Mending
2:15 Adv. Beg. Line Dance– Last Ses
2:30 **Tai Chi– New**

7 **8:45 Social Srs** 9:00 Strength & Flexibility
9:00 Equipmt Repair
9:30 AI Anon
10:00 Bakery 10:00 Mystery Book Club
11:30 Lunch
1:00 **Senior Writing Group**
1:00 Euchre 1:30 Functional Fitness
2:00 **Bracelet Making Class**
2:30 Ballroom Basics

12 9:00 Spanish 9:00 Woodcarving 9:00 Scrabble
10:00 Bakery 10:00 Cribbage
10:00 Mary on Piano 10:30 Chair Yoga
11:00 Reflexology 11:15 Robert on Piano
11:30 Lunch 12:00 Silver Divas
12:30 Open Cards 12:30 Bridge
1:00 Footcare by Appt
1:00 Mexican Train Dominoes
1:30 Functional Fitness 2:30 Core Control

13 9:00 Spanish 9:00 **Coffee & the Economy**
10:00 Chair Yoga 10:00 Mah Jong Bams
10:30 Video Lecture
10:45 **Mission Trip Presentation**
11:30 Lunch
12:30 Open Cards 12:30 Mah Jong Dots
1:00 Chess 1:00 Rummikub 1:00 Genealogy
2:30 Tai Chi

14 9:00 Strength & Flexibility
9:00 Equipmt Repair 9:30 AI Anon
10:00 **Chair Yoga– New**
10:00 Bakery 10:30 **Essential Tremor (Zoom)**
11:30 Lunch 11:45 **Meet the Case Managers**
1:00 Euchre
1:30 Functional Fitness Class
2:30 Ballroom Basics

19 9:00 Woodcarving 9:00 Spanish 9:00 Scrabble
10:00 Bakery 10:00 Cribbage
10:00 Mary on Piano 10:30 Chair Yoga
11:15 Robert on Piano
11:30 Lunch 12:00 Silver Divas
12:30 Bridge 12:30 Open Cards
1:00 Mex Train Dominoes
1:30 Functional Fitness 2:30 Core Control
4:00 **Commission on Aging**

20 8:00 **Newsletter Assembly**
8:30 Footcare by Appt
9:00 Spanish 10:00 Chair Yoga
10:00 Mah Jong Bams 10:00 Forget Me Nots
10:00 **Social Srs** 10:30 Video Lecture
11:30 Lunch
12:30 Open Cards 12:30 Mah Jong Dots
1:00 Chess 1:00 Rummikub 1:00 Mending
2:30 Tai Chi

21 9:00 Strength & Flexibility
9:00 Equipmt Repair 9:30 AI Anon
10:00 Chair Yoga 10:00 Bakery
11:00 **Music & Root Beer Floats– Summer!**
11:30 Lunch
1:00 Euchre 1:00 **Card Stamping**
1:30 Functional Fitness
2:30 Ballroom Basics– Last Ses

26 9:00 Woodcarving 9:00 Spanish
9:00 Scrabble 10:00 Bakery 10:00 Cribbage
10:00 Mary on Piano 10:30 Chair Yoga
11:00 Reflexology 11:15 Robert on Piano
11:30 Lunch 12:00 Silver Divas
12:30 Bridge 12:30 Open Cards
1:00 Foot Care by Appt. 1:00 Mex Train Dominoes
1:30 Functional Fitness
2:30 Core Control– Last Ses

27 9:00 Spanish 9:00 E-reader Appt.
10:00 Chair Yoga 10:00 Mah Jong Bams
10:30 Video Lecture
11:30 Lunch
12:30 Open Cards 12:30 Mah Jong Dots
1:00 Chess 1:00 Genealogy 1:00 Rummikub
2:30 Tai Chi

28 9:00 Strength & Flexibility– Last Ses
9:00 Equipmt Repair
9:30 AI Anon
10:00 Chair Yoga 10:00 Bakery
11:30 Lunch
1:00 Euchre
1:30 Functional Fitness– Last Ses

THURSDAY

FRIDAY

1 9:00 Middleton Jazz
 10:00 Cribbage
 10:00 Dementia Caregiver Support Group
 11:00 Spanish 11:30 Lunch 12:30 Nimble Fingers
 12:30 Open Cards
 1:00 Mexican Train Dominoes 1:00 Stitchers
 2:00 Ageless Grace— Last Ses

2 9:00 Strength & Flexibility
 9:00 Scrabble
 10:00 David on the Piano
 10:30 Video Lecture Series
 11:30 Lunch
 12:00 Poker 12:00 Pinochle 12:30 Open Cards
 1:00 Mah Jong Jokers
 2:00 **Dr. Mays' Lecture**

8 9:00 Middleton Jazz
 10:00 Cribbage
 11:00 Spanish 11:30 Lunch 12:30 Nimble Fingers
 12:30 Open Cards
 1:00 **Ten Warning Signs of Alzheimer's** 1:00 Stitchers
 1:00 Mexican Train Dominoes
 2:00 **Memory Screening** 2:00 **Ageless Grace— New**
 3:00 **Presentation at Capital Brewery**

9 9:00 Strength & Flexibility
 9:00 Scrabble
 10:00 David on the Piano 10:30 **Social Srs**
 10:30 Video Lecture Series 11:00 Gadget Guru
 11:30 Lunch
 12:00 Poker 12:00 **Learn Pinochle** 12:30 Open Cards
 1:00 Mah Jong Jokers
 1:00 **Movie- "West Side Story" PG-13 (2021)**

15 9:00 Middleton Jazz
 10:00 Cribbage 11:00 Spanish
 11:30 Lunch
 12:30 Open Cards 12:30 Nimble Fingers
 1:00 Mexican Train Dominoes
 1:00 Stitchers
 2:00 Ageless Grace

16 9:00 Strength & Flexibility
 9:00 Scrabble
 10:30 Video Lecture Series
 11:00 Dane Co Library
 11:30 Lunch
 12:00 Poker 12:00 Pinochle 12:30 Open Cards
 1:00 Mah Jong Jokers
 2:00 **Dr. Mays' Lecture**

22 **New program registration opens at 8:00**
 9:00 Middleton Jazz
 10:00 Cribbage
 11:00 Spanish 11:30 Lunch
 12:30 Nimble Fingers 12:30 Open Cards
 1:00 Stitchers
 1:00 Mexican Train Dominoes
 2:00 Ageless Grace

23 9:00 Strength & Flexibility
 9:00 Scrabble
 10:00 **Dr. Mays' Musical Challenge**
 10:30 Video Lecture Series
 11:00 Gadget Guru
 11:30 Lunch
 12:00 Poker 12:00 Pinochle 12:30 Open Cards
 1:00 **Movie- "80 for Brady" PG-13 (2023)**
 1:00 Mah Jong Jokers

29 9:00 Middleton Jazz
 10:00 Caregiver Support Group
 10:00 Cribbage
 11:00 Spanish 11:30 Lunch
 12:30 Nimble Fingers 12:30 Open Cards
 1:00 Stitchers
 1:00 Mexican Train Dominoes
 2:00 Ageless Grace

30 9:00 Strength & Flexibility— Last Ses
 9:00 Scrabble
 10:00 David on the Piano
 10:30 Video Lecture Series
 11:30 Lunch
 12:00 Poker 12:00 Pinochle 12:30 Open Cards
 1:00 Mah Jong Jokers
 2:00 **Dr. Mays' Lecture**

Join Us for Lunch!

Every Monday

Come and listen to Robert on piano during the lunch hour.

Wednesday, June 14

11:45 am

Meet the Case Managers

Wednesday, June 21

Summer Solstice

Special Event

11:00-12:00 pm

Urban Folk Music Duo & Root Beer Floats



**Congratulations
Middleton Voters!**

The City of Middleton Clerk reported that 64% of the 15,439 registered voters in the City of Middleton voted in the April 4, 2023 Spring Election.