



August 2022



1 - Monday	2 - Tuesday	3 - Wednesday	4 - Thursday	5 - Friday
*Pork Loin in Gravy Mashed Potatoes Peas Mandarin Orange Cup Cookie MO: Hummus Wrap NCS: SF Jell-O	Cheeseburger Calico Beans Potato Salad Fruit Cup Lemon Italian Ice MO: Black Bean Burger NCS: SF Ice Cream	Bone-in BBQ Chicken Baked Sweet Potato Cinnamon Applesauce Rice Crispy Treat MO: Veggie BBQ Chick'n NCS: Peach Cup	*Meatballs in Marinara Over Penne Broccoli Salad Banana Brownie MO: Veggie Meatballs NCS: SF Pudding	Tuna Salad on Bed of Lettuce Sicilian Pasta Salad Creamy Corn Salad Fruit Cup Fig Newton MO: Egg Salad NCS: Pineapple Cup
8 - Monday	9 - Tuesday Book Lover's Day	10 - Wednesday	11 - Thursday	12 - Friday
Chicken and Gravy Over White bread Carrots Green Beans Pineapple Cup Jell-O MO: Veggie Chick'n in Gravy NCS: SF Jell-O	Sausage Veggie Egg Bake Fruit Cup  Oven Roasted Potatoes Orange Juice Apple Cinn. Muffin MO: Veggie Egg Bake NCS: N/A	Baked Mostaccioli Broccoli Peach Cup Cookie MO: Veggie Mostaccioli NCS: SF Pudding	*BBQ Pulled Pork Oven Roasted Potatoes Carrots Fruit Cup Peanut Butter Cup MO: Garden Burger NCS: SF Jell-O	Chicken Alfredo Penne Brussels Sprouts 3 Bean Salad Applesauce Sherbet MO: Veggie Chick'n Alfredo NCS: SF Ice Cream
15 - Monday	16 - Tuesday Tell a Joke Day	17 - Wednesday	18 - Thursday	19 - Friday
Garlic Parm. Chicken Stewed Tomatoes Spinach Casserole Pineapple Cup Oatmeal Cream Pie MO: Veggie Garlic Parmesan Chick'n NCS: SF Jell-O	Fish Sandwich Yams Peas  Peach Cup Oreo Cookie Packet MO: Multigrain Burger NCS: SF Pudding	Sloppy Joe Kidney Bean Salad Mixed Vegetables Banana Nutty Buddy Bar MO: Chickpea Joe NCS: Cinnamon Applesauce Cup	Honey Baked Chicken Broccoli Yams Macaroni Salad Pear Cup Ice Cream MO: Veggie Honey Baked chicken NCS: SF Ice Cream	Chicken Caesar Salad Copper Penny Salad Applesauce Pudding MO: Veggie Chick'n Salad w/ Ranch NCS: SF Pudding
22 - Monday	23 - Tuesday	24 - Wednesday Pluto Demoted Day	25 - Thursday	26 - Friday
Chicken Broccoli Rice Casserole Carrots Chickpea Salad Tropical Fruit Cup Jell-O MO: Veggie Chick'n Broccoli Rice Cass. NCS: SF Jell-O	Chicken a la King Brown Rice Green Beans Vinegar Corn Salad Fruit Cup Yogurt MO: Soy a la King NCS: SF Pudding	Enchilada Casserole Broccoli Fiesta Corn Peach Cup  Cookie MO: Bean & Cheese Burrito NCS: Pineapple Cup	*Italian Sausage with Pepper & Onion NAS: Chicken Breast Oven Roasted Potatoes Stewed Tomatoes Mandarin Orange/Cutie Cherry Italian Ice MO: Veggie Meatballs NCS: SF Ice Cream	*BBQ Ribs Cheesy Potatoes Pickled Beets Mandarin Orange Cup Sherbet MO: Veggie BBQ Meatballs NCS: SF Ice Cream
29 - Monday	30 - Tuesday	31 - Wednesday	Meals provided by: Dane County Consolidated Food Service <i>All menu items are prepared in kitchens that are not allergen-free.</i> <i>We cannot guarantee that food allergens will not be transferred through cross-contact.</i> <i>No substitutions allowed.</i> MO: meatless option *contains pork SF: sugar free NCS: no concentrated sugar NAS: no added salt	
Teriyaki Glazed Chicken Brown Rice Asian Vegetable Blend Edamame Salad Pineapple Cup Pudding MO: Veggie Teriyaki Chick'n NCS: SF Pudding	Chicken Sandwich Calico Beans Green Beans Applesauce Cookie (NAS: Banana) MO: Garden Burger NCS: Banana	Lemon Dill Baked Fish Baked Potato Coleslaw Cream Filled Cookie MO: Hummus wrap NCS: SF Jell-O		

Salad Options for August 2022

August 2 - Chicken Confetti Salad

Shredded lettuce topped with diced chicken, tomatoes, cucumber, corn, bacon crumbles, and croutons.

August 9 - Harvest Salad

Mixed greens topped with beets, garbanzo beans, cucumber, onion, feta, and croutons.

August 16 - Cottage Cheese Platter

Cottage cheese with cucumber, tomato wedges, strawberries, pineapple, and crackers.

August 23 - 7 Layer Salad

Shredded lettuce topped with peas, celery, onion, mayo, shredded cheese, bacon crumbles, eggs, and crackers.

August 30 - Pulled Pork Santa Fe Salad

Mixed Greens topped with seasoned shredded pork, black bean salsa, and tortilla strips.

DINING CENTER

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Guidelines

Are you age 60 or over?

- ◆ Please donate what you can afford
- ◆ Suggested minimum contribution is \$4 per meal

Are you under age 60?

...and do not meet the nutrition program eligibility guidelines, you are required to pay the total cost of the meal (\$9.07*).

Questions?

Please ask a staff member.

Vegetarian Option

We offer a vegetarian (meatless) option every day.

Please make a reservation two days before.

If you would like to join us for lunch, call 608-831-2373.

* Total cost includes: food, staff, transportation, and building expenses.